



ALL GAS NO BREAKS

Climbing Competition — Official CACC Participant Rulebook

Rules, scoring, and event format can be found on the CACC All Gas No Breaks app.

Format

- Teams of 2
- 12 hours of climbing: 8am – 8pm
- Each route can be scored up to 4 times total (2 sends per teammate per route)
- Score as many routes as you can & compete to win prizes!

3 Categories

Pick the one that fits your ability level

3 Zones Minimum

Climb more zones for bonus points

2 Side Hustles Max

Optional bonus categories

Not allowed: No aid climbing, no solo climbing, no simul climbing. Trad routes are not scored.

Competition Categories

Choose the category that matches your general redpoint climbing level. Each team competes in one category only and must climb routes in at least 3 zones.

Go Kart BEGINNER

Difficulty: 5.6 – 5.10a

- ✓ One climber must lead the first time; the other ascents may be top rope for points
- ✓ Full points awarded for a completed send
- ✓ Hang-dog ascents earn half points in this category only

Rally Car INTERMEDIATE

Difficulty: 5.10b – 5.11d

- ✓ Both climbers must lead and send the route clean for points
- ✓ No points are awarded for a failed send attempt
- ✓ If only one climber sends, that individual still earns points for their team
- ✓ Each climber may attempt the same route twice for points

NASCAR Baby ADVANCED

Difficulty: 5.12a and Up

- ✓ Both climbers must lead and send the route clean for points
- ✓ No points are awarded for failed send attempt
- ✓ If only one climber sends, that individual still earns points for their team
- ✓ Each climber may attempt the same route twice for points

How Scoring Works

Your score on each route is simple:

$$\text{Points per send} = \text{Difficulty Multiplier} \times \text{Bolt Count}$$

- Harder routes earn a higher multiplier — longer routes have more bolts — these factors multiply
 - Routes above your category's grade level can still score for points however, they will be capped at your category's maximum multiplier
 - Each teammate can send the same route up to 2 times for points — max 4 scored sends per route per team
 - No extra points for flashing
 - Hangdog Ascents (getting to the top with one or more hangs) score half points only in the beginner category.
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Difficulty Multipliers

The table below shows the multiplier for each grade range. Your category determines your cap — routes above your cap are scored at the capped multiplier shown.

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Multipliers

Bonuses

Side Hustles

Difficulty Multipliers

Routes above a category's max grade are scored at the capped multiplier.

None

Go Kart

Rally Car

NASCAR Baby

GO KART

5.6 – 5.8

1x

5.9

1.5x

5.10a – 5.10b

2x

RALLY CAR

5.10c – 5.10d

2.5x 2x

5.11a – 5.11b

3x 2x

5.11c – 5.11d

3.5x 2x

NASCAR BABY

5.12a – 5.12b

4x 2x

5.12c – 5.12d

4.5x 2x

5.13a – 5.13b

5x 2x

5.13c – 5.13d

5.5x 2x

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2x

RALLY CAR

5.10c – 5.10d

2.5x

5.11a – 5.11b

3x

5.11c – 5.11d

3.5x

NASCAR BABY

5.12a – 5.12b

4x 3.5x

5.12c – 5.12d

4.5x 3.5x

5.13a – 5.13b

5x 3.5x

5.13c – 5.13d

5.5x 3.5x

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RALLY CAR

5.10c – 5.10d

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5.11a – 5.11b

3x

5.11c – 5.11d

3.5x

NASCAR BABY

5.12a – 5.12b

4x

5.12c – 5.12d

4.5x

5.13a – 5.13b

5x

5.13c – 5.13d

5.5x

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Bonus Point Challenges

Bonuses stack on top of your route points. Every team can earn multiple bonuses — even all of them.

Bonus	Points	How to Earn It
Zone Switcher	Up to +200 pts net	Starts at -120 pts. Earn +40 per zone climbed. Break even at 3 zones. Continues to score +40 until 8 zones for a total of +200
Zone Crusher	+100 pts	Climb in all 8 zones
All Gas	+40 pts	Send 40+ unique pitches (team total)
No Brakes	+80 pts	Send 60+ unique pitches (team total)
Best of The Breaks	+100 pts	See below

F***ing Perfect — Best of the Breaks

Send every designated route on the category-specific Best of the Best list. Tied to your registered category only — not cumulative across categories.

“Best of the Best” routes are listed on the app.

Category	Routes Required	Bonus
 Go Kart (Beginner)	5 routes from the list	+100 pts
 Rally Car (Intermediate)	8 routes from the list	+100 pts
 NASCAR Baby (Advanced)	12 routes from the list	+100 pts

Side Hustles

Fun secondary categories with their own prizes. Select up to 2 from your scorecard. Make sure you qualify before signing up!

Side Hustle	Who Qualifies
Project Slayer	Cash prize for sending the "Silent Flight" project at Pinnacle
Driver's Permit	One or both teammates are under the age of 16
Clydesdale	Combined team weight is over 400 lbs — must weigh in before competition start
Mother Crushers	One or both teammates are a mom
Road Trip	At least one teammate drove 5+ hours to compete
Best Team Uniform	You not only climb well, but look good doing it
Senior Citizens	Combined age of your team is over 100 years old

Southern Hospitality

It's a competition, but good southern manners come first.

- Don't hog routes — max 4 attempts on a route if others are waiting
- Cheer for every climber giving it their all
- Share beta when asked; keep it to yourself otherwise
- Be cool, climbing is fun, even when competing

General Rules

- Judges have full discretion to bump a team up or down a category
- No using another team's gear — use only your own equipment
- No aid climbing, solo climbing, or simul climbing, or topping out routes.
- Trad routes are not scored

**For questions on rules, format, or event beta, feel free to reach out to
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